YEAR 12 COORDINATOR PACK

The final 30 days.

A printable kit for the last month before exams. Built for pastoral care lessons, form time, and the wall outside your office.

9	30	1
RESOURCES	DAYS	COHORT

For the **Year 12 coordinator**. Print, photocopy, hand out, post on the wall. Use as a stand-alone pastoral series, or to set up a **Hope Express** seminar (70 min) in Term 3.

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Pack v1, May 2026
thehopefullinstitute.com

WHAT'S INSIDE

14 pieces. One cohort.

01 **Coordinator guide** — P 3
A 4-week rollout in pastoral lessons

02 **Form-class conversation starters** — P 4
1 question per resource. Cold-use ready.

03 **The Final 30** — P 5
Hero infographic. 30 days out, 7 days out, the morning of

04 **Study, the right way** — P 6
A revision routine that actually retains

05 **Focus** — P 7
5 ways to protect attention in a Year 12 brain

06 **Execute** — P 8
Closing the say-do gap

07 **Procrastination** — P 9
Why it bites in Term 3, and what to swap in

08 **Anxiety, 5 steps** — P 10
A self-check students can run before a paper

09 **Mindfulness, 5 ways** — P 11
Short reset protocols for the week of exams

10 **Sleep, 10 tips** — P 12
The most under-coached lever in Year 12

11 **Confidence and clarity worksheet** — P 13
A fillable 1-page reset for each student. Pen and paper.

12 **A letter to parents** — P 14
A 1-page handout for parent night

13 **The Year 12 wall set** — P 15
4 posters for the corridor: Hope is a skill (P 15), Sleep (P 16), Distractions (P 17), Growth (P 18)

14 **Book Hope Express (70 min seminar)** — P 19
Email hello@thehopefullinstitute.com to pencil in a date

How to use this pack. Keep the coordinator guide and conversation starters for yourself. Photocopy resources 3 to 11 for each student. Send the parent letter home. Pin all 4 wall posters in the Year 12 corridor on Day 1. They do the talking when you're not in the room.

COORDINATOR GUIDE

4 weeks. 4 lessons. 1 cohort that finishes well.

Year 12 doesn't end with knowledge. It ends with regulation. By the last 30 days, the gap between students is rarely IQ. It's sleep, focus, anxiety, and the words they say to themselves at 11:48pm with the textbook open. This pack gives you 4 short pastoral lessons (20 minutes each), a worksheet for every student, a sheet of form-class conversation starters, a parent letter, and a 4-poster wall set for the corridor. Run it across the final 4 weeks of Term 3. Schools that want it taught live, **book Hope Express on page 19**.

WEEK 1, 30 DAYS OUT

Mind the routine

- → Hand out The Final 30 (P 5) and Sleep, 10 tips (P 12)
- → Each student writes 3 sleep, 3 study, and 3 break times into their phone calendar
- → Pin all 4 wall posters in the Year 12 corridor
- → Send the parent letter (P 14) the same day

Outcome by Friday. Every Year 12 has a written week. Parents have a script.

WEEK 2, 21 DAYS OUT

Mind the method

- → Hand out Study, the right way (P 6) and Focus (P 7)
- → 15-minute drill: students rewrite 1 topic from memory, no notes
- → Set a phone-down hour at the home-study time they've scheduled
- → Photocopy Execute (P 8) for the students who freeze on practice papers

Outcome by Friday. Every student has a study method, not a study time.

WEEK 3, 14 DAYS OUT

Mind the head

- → Hand out Procrastination (P 9) and Anxiety, 5 steps (P 10)
- → Run the 5-step anxiety self-check before the next practice paper
- → Use the conversation starters (P 4) in form class twice this week
- → Refer the 1 student you're worried about to wellbeing today, not Monday

Outcome by Friday. The cohort knows how to name what they feel.

WEEK 4, 7 DAYS OUT

Mind the morning

- → Hand out Mindfulness, 5 ways (P 11) and the Confidence and clarity worksheet (P 13)
- → Run the worksheet in form class. 20 minutes, pen and paper. No phones.
- → Walk the cohort through the morning-of routine on The Final 30
- → Tell every student the 1 sentence you've decided they need to hear

Outcome by exam day. They walk in with a method and a sentence, not just notes.

20	1	1	4
MINUTES PER LESSON	WORKSHEET PER STUDENT	PARENT LETTER	WALL POSTERS

Want this taught live? Hope Express is a 70-minute seminar that runs the whole pack as a single live experience for your Year 12 cohort. Built for Year 12s who have little time. 750 schools and counting. **See page 19 to book.**

FOR THE FORM TEACHER

Form-class conversation starters.

One question per resource, written for cold use. Read the question, hold the silence, listen. The point isn't to teach. It's to get them talking, and to find the 1 student you'll check in on after the bell.

The Final 30 P 5

Q1 30 days out, 7 days out, the morning of: which stage do you reckon you'd nail, and which would slip?

Q2 What's the 1 ritual you'd never skip in the last week?

Teacher tip. Don't summarise. Let 3 students answer before you respond.

Study, the right way P 6

Q1 Show me your phone screen time for yesterday. What does it say about your study?

Q2 What's a study habit that worked in Year 11 you've stopped doing? Why?

Teacher tip. Screen time is data, not a punishment. Stay curious, not judgey.

Focus P 7

Q1 When you sit down to work, how many minutes until your phone interrupts you?

Q2 Describe what focus looks like in your room. One sentence.

Teacher tip. If they say "I don't get distracted", ask 1 follow-up. They will.

Execute P 8

Q1 Name something you said you'd do this week and haven't. What's stopping you?

Q2 What's the smallest first step you could take in the next 10 minutes?

Teacher tip. The smallest step is almost always laughably small. Let them name it.

Procrastination P 9

Q1 Procrastination is fear in disguise. What might you actually be afraid of?

Q2 What's the task you keep pushing to tomorrow? Why this one?

Teacher tip. Don't fix the fear. Just name it. That's the whole win.

Anxiety, 5 steps P 10

Q1 When anxiety shows up, where in your body do you feel it first?

Q2 Who's the 1 person you'd tell? Why them?

Teacher tip. If a student goes quiet, check in privately at the end of the lesson.

Mindfulness, 5 ways P 11

Q1 Could you sit silent for 60 seconds right now? Try it. What did you notice?

Q2 When was the last time you did something with no phone in the room?

Teacher tip. Run the silent 60 seconds. The room will hate it, then love it.

Sleep, 10 tips P 12

Q1 What time did your phone leave your bedroom last night?

Q2 Pick the 1 sleep tip from P 12 you'll actually try this week.

Teacher tip. Get them to write the tip on a sticky note and put it on their bedside lamp.

1

Question, then silence. Don't rescue the room.

2

3 voices before you speak. Then a 4th from someone quiet.

3

End with action. "Pick 1 thing you'll try by Friday."

THE YEAR 12 FINAL 30

30 days out. 7 days out. The morning of.

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A 1-page protocol for the last month before exams. Cut it out, photocopy it, hand it to every Year 12 student. The cohort that walks in with a routine outperforms the cohort that walks in with wishful thinking.

STEP 1, 30 DAYS OUT

Build the routine.

The brain learns on a schedule. Set the schedule. Then defend it for 4 weeks.

SLEEP FIRST

1. Pick a bedtime. Same time every night, including weekends.
2. 8 hours non-negotiable. Less than 7 is a study tax.
3. Phone out of the bedroom. Charge it in the kitchen.

STUDY, THE RIGHT WAY

1. 50-minute blocks, 10-minute breaks. Repeat 3 times. Stop.
2. Rewrite from memory before re-reading notes.
3. 1 past paper a week, marked the same day.

BODY

1. 20 minutes of movement a day. Walk counts.
2. Water before coffee. Coffee before 2pm or not at all.

The Friday check. Did you sleep, study, and move 6 of 7 days? If yes, repeat. If no, fix the one that failed first.

STEP 2, 7 DAYS OUT

Sharpen the edge.

The last 7 days are not for new content. They're for retrieval, rest, and rehearsal.

WHAT STOPS

1. No new topics. If you don't know it now, finish the ones you do.
2. No all-nighters. They steal 20 IQ points.
3. No phone in the study space. Leave it in another room.

WHAT RUNS

1. 2 past papers, full timing, every day.
2. 30 minutes of active recall. No notes. Talk it out loud.
3. 1 walk a day. Sun on your face. No earbuds.

WHO YOU TALK TO

1. 1 friend who gets it. Not 5. Not the group chat.
2. 1 adult who's calm. Tell them the 1 paper you fear most.
3. 0 doom-scrolling. The internet is not your friend this week.

The 7-day rule. Your job is to walk in slept, fed, and known to yourself. Marks follow.

STEP 3, THE MORNING OF

Walk in calm.

The 90 minutes before the paper matter more than the 7 days before. Run the same routine every exam day.

THE FIRST 30 MINUTES

1. Wake up 90 minutes before you leave. Don't lie in.
2. Cold water on your face. Sun in your eyes for 60 seconds.
3. Breakfast you've eaten before. Now is not the day for new food.

THE NEXT 30 MINUTES

1. 4 minutes of breath. Box breathing, 4-4-4-4.
2. Read 1 page of summary notes. Just 1. Then stop.
3. Walk to the bus or the car. 5 minutes of movement minimum.

THE LAST 30 MINUTES

1. Talk to 1 person. Hi. How are you. Eye contact.
2. Phone away 20 minutes before the door opens.
3. Walk in. Sit down. Read the whole paper before you write.

The 1-line cue. Pick a sentence to say to yourself as you sit down. "I've trained for this." "Hope is a skill." "I belong here."

The one-line test. Did you sleep well, eat well, breathe slow, and walk in with a method? You're in the top 10%, no matter the mark.

10 Tips Mastering the Science of DEEP STUDY

Preparing for exams or assignments?
Don't let distractions dominate!
Get into a 'flow' state and finish more work or study in less time with these simple steps.

1. Just start (it's the hardest part)
The first 10–15 minutes are usually the most difficult! After that, your brain clicks into a flow state, making it easier to concentrate.

2. Define your mission
Vague goals like 'study history' scatter your attention. Be specific with tasks like 'Outline three causes of the French Revolution' and stick to it until it's done.

3. Ditch your phone
Turn on 'Do Not Disturb' or put your phone in a different room to save yourself from temptation and distractions and make it easier to stay on task for extended periods.

4. Find your 'sweet spot'
Pick a task just beyond your current skill level. Make it hard enough to require focus, but not so hard that you get overwhelmed, then you'll find things start to flow.

5. Work when it's right for you
Are you an early riser or do you do your best work after dark? Schedule your deepest work for the times when your brain is firing on all cylinders.

6. Keep it clear
Physical clutter leads to mental clutter. Clear your desk and have what you need close to hand before you start so you're not constantly getting up to grab pens, snacks or food.



7. Switch from multitasking to monotasking
Multitasking is a myth that reduces your IQ by up to 10 points and shatters your flow state. Choose a single concept or task and don't do anything else for a set amount of time.

8. Create a routine
Having a ritual like putting on your headphones, filling your water bottle and closing all your tabs will signal to your brain that it's time to concentrate.

9. Build your stamina
Deep work is a muscle that requires training to get stronger. Start with 40 or even 20-minute 'sprints' and increase your session length gradually... you may surprise yourself!

10. Give Yourself a Break!
Cramming at the last minute won't work, especially if your brain isn't used to staying focused. Make a timetable and schedule breaks so your brain can recharge.

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5 ways to

SHARPEN YOUR FOCUS

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1. ELIMINATE DISTRACTIONS
You have to fight to keep focused in our modern world. Your first enemy? Distractions. When it's time to study, schedule distraction-free time in a library or quiet cafe, or in your bedroom without your phone.
Win the battle: Turn off notifications, put your phone on silent or put it out of reach.

2. BE A SINGLE-TASKING SAMURAI
Multitasking is a myth! Trying to do too many things at once weakens your focus, concentration and ultimately, your grades. Stop trying to watch YouTube or message your friends while you're working on an assignment. You're not doing yourself any favours.
Win the battle: Choose one task at a time and your focus will become legendary.

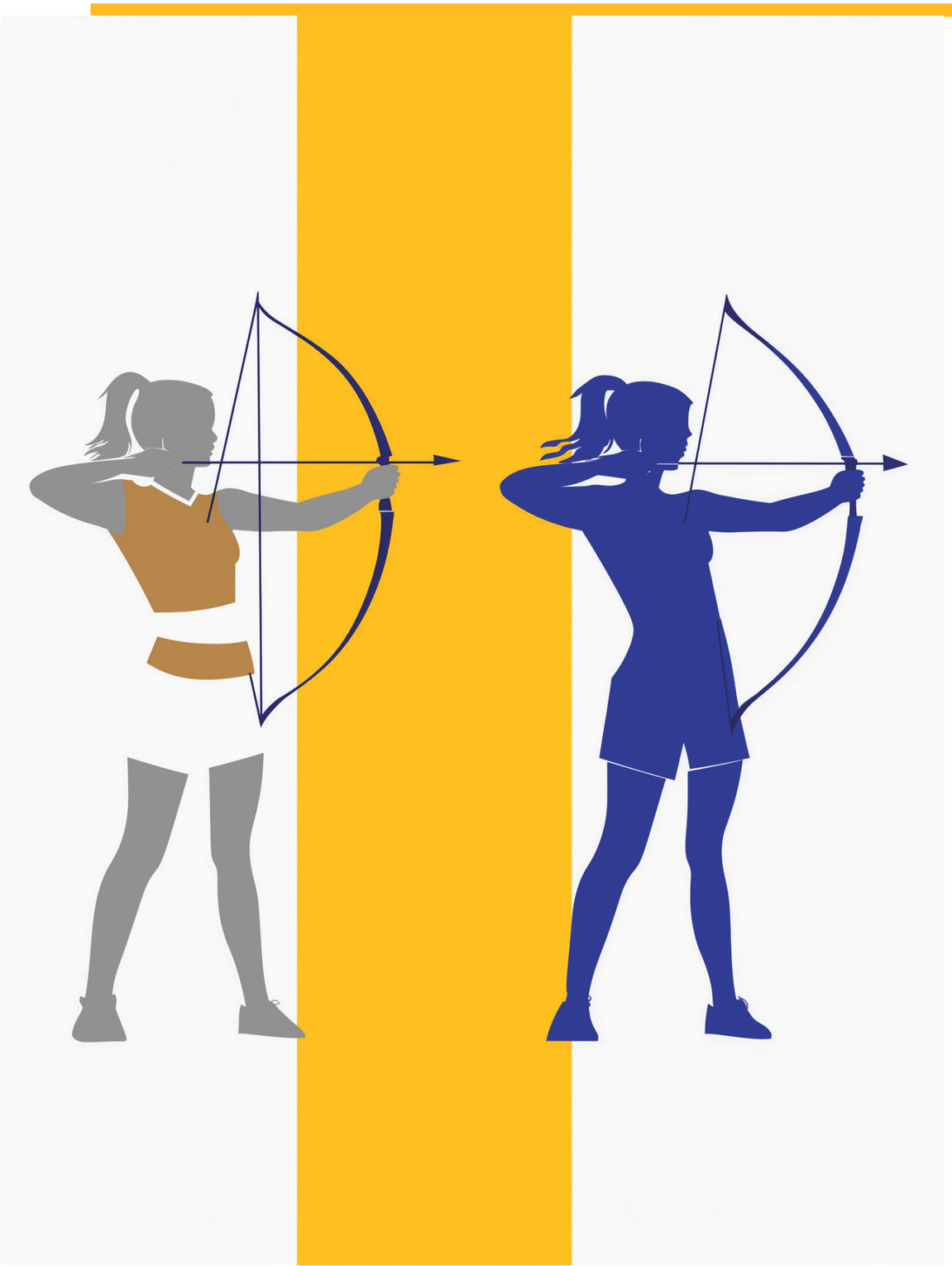
3. EMBRACE THE PROCESS
Want to be better at concentrating? Forget about your final grade. Immerse yourself in your material and take joy in learning itself. You'll spark curiosity and reduce the feeling of pressure that you subconsciously want to get away from (this leads to phone scrolling and procrastinating).
Win the battle: Break down big tasks into smaller victories and celebrate each step of the way.

4. SKIP THE SOCIAL
When you're preparing for an exam, ditch the endless scroll of social media and dive deep into your studies. Like a mental gym or meditation session, short digital detoxes (think 20 minutes at a time) train your brain to concentrate like a champion so you can crush those assignments.
Win the battle: Make it a daily ritual to unplug from the noise and build your mental muscles.

5. PICK YOUR PRIORITIES
Being busy or always feeling rushed doesn't equal being productive. Truly focused students prioritise ruthlessly. Take a moment each day to figure out which tasks are most important and get them done first.
Win the battle: Avoid task creep. Adding to your to-do list rarely leads to real progress.

HOW TO
EXECUTE EFFECTIVELY

Use these 7 tips to get the job done with less stress.



1. SEIZE THE MOMENT

When you have a great idea or feel strongly about something, don't hesitate to take action. This initial excitement and motivation are crucial for success.
Just get going! Procrastination leads to lost opportunities.

2. CONSISTENCY OVER INTENSITY

You can't do everything at once. Focus on small, consistent steps. By being intentional and persevering, you can achieve great things.
Regular actions and habits will make the biggest difference.

3. BE PATIENT

Significant changes don't happen overnight. Shortcuts and hacks might seem appealing but they won't deliver long-term benefits.
It takes time, effort and dedication to achieve the goals that matter.

4. FOCUS ON WHAT MATTERS

Your resources are limited so choose a single path, avoid distractions and concentrate on the few things that truly matter to you.
You can't excel at everything. Identify one area where you can be great.

5. PAIN PUSHES, VISION PULLS

Don't let your pain dictate your path. Instead, be pulled forward by your vision and hope of a brighter day.
One bad chapter doesn't define you. Your story is not over.

6. PURPOSE DRIVES SUCCESS

By choosing a goal or project that aligns with your values, you'll be more motivated and committed.
Hard work only works when you work hard at the right thing.

7. SHOW UP, DON'T JUST TURN UP

Don't phone it in. Attend every lesson, work hard at the gym and try your best at each practice session.
Drive and dedication will give you the advantage.

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For more wellbeing and personal performance tips, visit www.thehopefullinstitute.com

8 TIPS
TO SMASH PROCRASTINATION

Procrastination is your brain's attempt to avoid stress! But sooner or later, you will have to get the job done.

Here's how to overcome this common problem and score those study goals.



1 HARNESS POMODORO POWER
The Pomodoro Technique is where you work for 15–25 mins then take a 5 min break. Set a timer and focus for at least four time blocks, then reward yourself with a larger break after two or three.

2 PUT TOGETHER A PLAYLIST
Create a playlist of upbeat songs to keep you energised and focused while you study. Instrumental beats work best. Soon, your brain will associate this music with learning.

3 DIVIDE & CONQUER
Break daunting tasks into bite-sized missions and become a Task Ninja. Segment your large assignments into smaller, manageable tasks to stay motivated and prevent the feeling of being overwhelmed.

4 STYLE YOUR STUDY SPOT
Place matters. Curling up on your bed is not going to help. Create a study spot with good lighting, a clear surface and plenty of room to lay out study materials. Make it a quiet place with no distractions.

5 SNACK STRATEGICALLY
For maximum performance, choose brain-boosting snacks like fruits, nuts, blueberries, or yogurt to keep you focused and energised. Keep water on your desk to stay hydrated without the need to head to the kitchen.

6 BE CLEAR ON THE COMPETITION
Your fight is with your own propensity to procrastinate and be tempted to scroll the internet. The results you want will come from you overcoming the roadblocks you place on yourself.

7 AVOID ASSUMPTIONS
Procrastination is the assumption you're going to have another opportunity. Seize this moment! There will never be another one like it.

8 FLY THROUGH THE FINISH LINE
When a task is almost done, put in that extra effort to get it completely finished. This will free up space in your brain to focus on other things.

Ask yourself; What's the most important thing that I need to do today?
Then remember, everything else is a distraction!

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5 STEPS FOR OVERCOMING ANXIETY

Negative thoughts don’t have to control you.
These small steps can help you escape feelings of unease.

1. DEFINE YOUR ANXIETY
What exactly is worrying you and why?
Take a moment to identify and name the source of your anxiety.

2. BREAK THE SILENCE
Talk about your anxiety and bring it into the open.
Your concerns don’t have to stay hidden.

3. CHALLENGE YOUR FEARS
Is what you are worrying about really going to happen?
Fears can be exaggerated. You’re braver and more capable than you realise.

4. DECONSTRUCT THE PROBLEM
Break your anxiety into smaller, more manageable components.
Instead of one big problem, solve several smaller ones; this is less daunting.

5. EMBRACE COURAGE
Focus on building courage rather than eliminating fear.
Everyone feels anxious, but in time courage will help you move past your worries.

Remember... thoughts aren’t facts! Anxiety lives within us all. It can be managed through awareness, practice and talking things through.

For more wellbeing and personal performance tips, visit www.thehopefullinstitute.com

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5 WAYS TO MASTER MINDFULNESS



1. UNDERSTAND YOUR EMOTIONS

When faced with emotional stress, your default may be to react impulsively. Mindfulness acts as a cognitive circuit breaker, reminding you to pause, observe the situation and choose a wise response rather than a blind reaction. Following this pathway will help you manage your feelings and build resilience.

2. BEING HERE, NOW

Instead of being overwhelmed by high-stakes moments, top track and field athletes like Noah Lyles cognitively reframe them, believing the challenge was designed for their capabilities. This shift from "the moment is bigger than me" to "the moment was made for me" activates self-efficacy, transforming anxiety into focused, empowered execution.

3. GO BEYOND YOUR GUT

Acting without thinking things through can lead you down paths that contradict your long-term goals and values, sacrificing conscious control for immediate gratification. Mindfulness teaches you to observe your ‘gut’ feelings but not blindly obey them, making room for you to consider your choices more carefully.

4. FIND THE RIGHT FUEL

Your 'diet' extends far beyond what you eat; it encompasses the people you spend time with, the media you consume and the thoughts you pay attention to. Being mindful of these inputs is crucial, as they directly influence your cognitive landscape, emotional resilience and your capacity to thrive.

5. PRESS THE BRAKES

In a world obsessed with speed, the radical act of slowing down paradoxically becomes a superpower. Being mindful reduces mental clutter and takes you out of that constant ‘fight or flight’ feeling, allowing for sharper focus and more deliberate actions that will take you closer to where you want to be.

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10 TIPS ON HOW TO BE A WORLD-CLASS SLEEPER

Want better quality shut-eye? Here's what you need to do



1

MAKE IT DARK

Close the curtains and make your room as dark as possible. This means shutting down your electronic devices, which emit a blue light that your body is sensitive to.

2

SET YOUR ROUTINE

Hit the hay and get out of bed at a similar time each day. Your body will go to sleep and wake up with less trouble.

3

CHILL BEFORE BED

It is easier to fall asleep if you are relaxed. Try reading, stretching, mindful meditation, or playing some chill-out music to help you unwind.

4

KEEP IT QUIET

You'll sleep better without noise going on around you. If this is unavoidable, try using white noise such as ocean waves or rainforests, or invest in some earplugs.

5

GO HERBAL

Research shows lavender decreases blood pressure and helps lower body temperature. Both are essential for a good night's sleep so try a lavender-scented candle or some essential oil.

6

LOG OFF

Keep your bedroom for sleeping and relaxing activities. Messages from friend's spike cortisol, which is a hormone associated with stress. Make sure your room is a place you switch off and zone out.

7

TAKE A MINUTE DURING THE DAY

The simple act of closing your eyes and focusing on your breathing, even just for 5 minutes, is proven to lower stress and release feel-good endorphins into your system, priming you to drift off.

8

CREATE YOUR SANCTUARY

Your sleeping space should have fresh clean air. Consider a nice indoor plant — they recharge the air's ions and turn carbon dioxide into oxygen.

9

WORK OUT

Exercise can help you sleep better at night by improving your mood and making your body genuinely tired, which will make it easier to fall asleep and stay asleep through the night.

10

TAKE A BREAK FROM TRYING

If you've been trying to sleep for 20 minutes and it's not working, get out of bed and do something relaxing. This will prevent you from associating your bed with frustration and wakefulness.

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FOR THE STUDENT / 20 MINUTES / PEN AND PAPER

Confidence and clarity.

A 1-page reset for the last month of Year 12. Don't rush it. Phone in another room. Write what's true, not what's tidy. Use the infographics in this pack to find the answers when you get stuck.

1. What I'm carrying

THE FINAL 30 / P 5

Name 3 things weighing on you right now. Be specific. **"School" doesn't count.**

2. What I do well

STRENGTHS INVENTORY / FOR YOU

Confidence isn't loud. List 4 strengths you bring without trying. Ask a friend if you stall.

1

2

3

4

3. My one-line cue

THE FINAL 30 / P 5

The 1 sentence you'll say to yourself as you sit down for each paper. Make it short, specific, and yours.

"

Examples to nick if you're stuck. *"I've trained for this." "Hope is a skill." "I belong here." "One question at a time."*

4. My method

STUDY + FOCUS + EXECUTE / P 6 TO 8

Pick the 3 study moves you'll use this month. Tick the boxes you'll commit to.

- [ ] 50-minute blocks, 10-minute breaks, 3 in a row, then stop.
- [ ] Rewrite from memory before re-reading notes.
- [ ] 1 past paper a week, marked the same day.
- [ ] Phone in another room while studying.
- [ ] 20 minutes of movement, 4 days a week.

5. My 2 people

MINDFULNESS + ANXIETY / P 9 TO 11

Write 1 friend who gets it and 1 calm adult. Tell each of them by Friday.

1 **Friend:**

2 **Adult:**

6. What success looks like

THE FINAL 30 / P 5

Forget the ATAR for 60 seconds. Write what walking out the last exam will **feel like** if you've done your part.

The promise. Sleep 8 hours, study with a method, walk in calm, talk to my 2 people. I'll come back to this sheet on the morning of Paper 1.

SIGNED

DATE

A 1-PAGE NOTE FOR PARENTS

Your Year 12 doesn't need more pressure. They need a routine.

To the parents and carers of our Year 12s,

The last 30 days of Year 12 are not won with extra notes. They're won with sleep, food, movement, and a few short conversations at the kitchen table.

Your child has been given a 4-week pack. It's straightforward. It works because it's simple, not because it's clever. Your job at home is small, specific, and important.

3 THINGS TO DO AT HOME THIS MONTH

→ **Protect sleep.** Phones charge in the kitchen at 9:30pm, not the bedroom. 8 hours a night, weekends included.

→ **Feed them, don't hover.** One real meal at the table, every day. No phones at dinner. Ask 1 question, then listen.

→ **Walk with them.** 20 minutes outside, 4 days a week. Sun on the face beats another mindless TikTok video.

3 THINGS TO STOP DOING THIS MONTH

→ **Stop asking how the study is going.** They don't know. Ask how they slept instead.

→ **Stop predicting the marks.** The forecast is a tax on the work.

→ **Stop the news at dinner.** Their nervous system has a quota. Use it for them.

If your child seems flat for more than a fortnight, or you're worried about the words they're using about themselves, **tell the school today, not Monday**. We'd rather hear too soon than too late.

Hope is a skill. We can teach it. You can practise it at home.

Warmly,
Glen Gerreyn
Founder, The HopeFULL Institute
After 750 schools, the move is the routine. Not the speech.

Hope is a skill.

01

Sleep first. Notes second. 8 hours, every night. Phones out of the room.

02

Method before time. Rewrite from memory before you re-read.

03

Move your body. 20 minutes outside beats another scroll.

04

Talk to 1 person. Not 5. Not the group chat. 1.

05

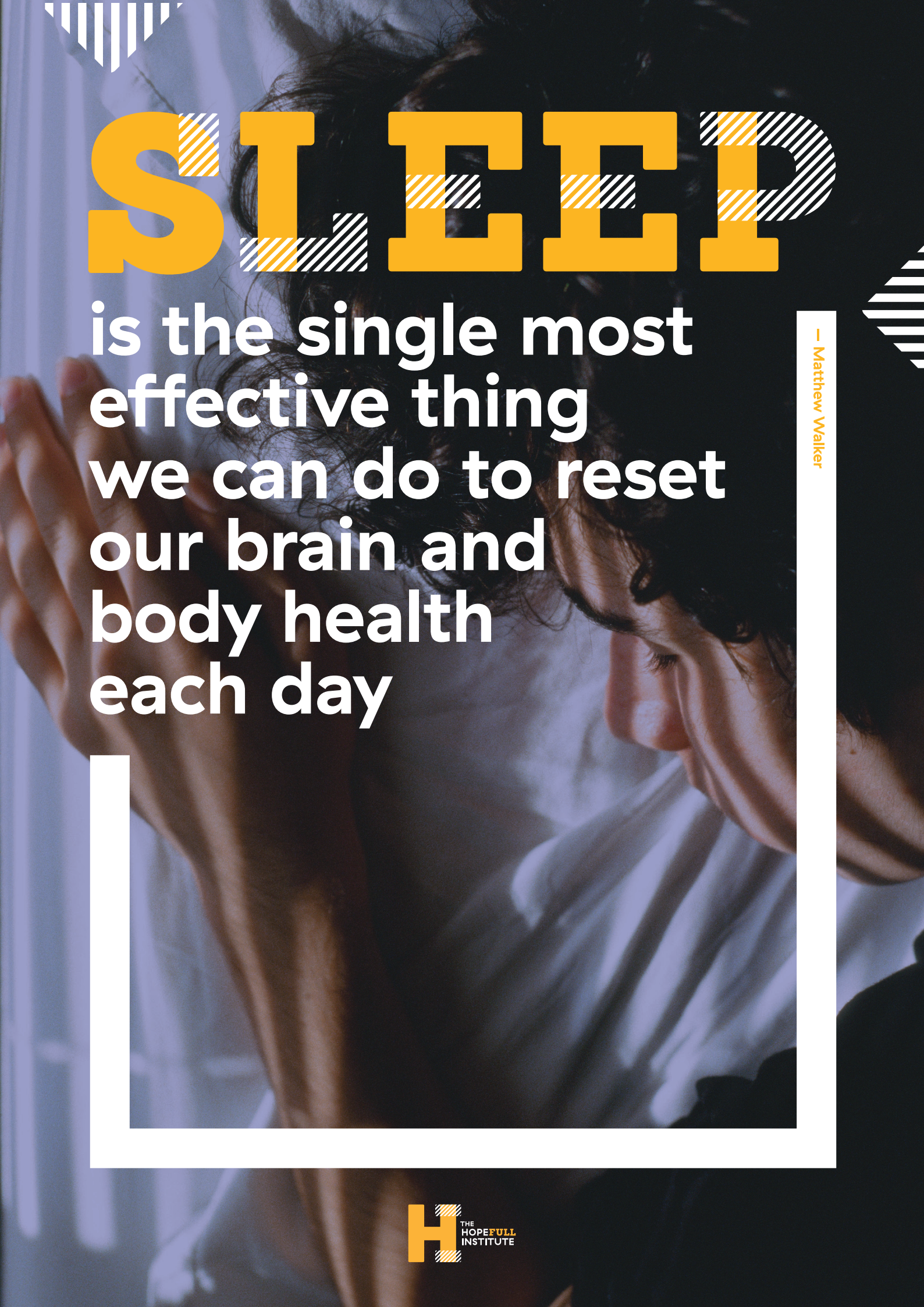
Pick your sentence. The 1 line you'll say as you sit down.

06

Walk in calm. Slept, fed, breathing. Then write.

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SLEEP

is the single most effective thing we can do to reset our brain and body health each day

– Matthew Walker

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If you don't
separate
yourself from
your distractions
your distractions
will separate you
from your
GOALS
– Steve Harvey
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GROWTH
and comfort do
not coexist.
- Virginia Rometty
Chairman, President and CEO of IBM
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TAKE IT FURTHER

Want this taught live?

Hope Express is a 70-minute live seminar built for Year 12s who have little time. Glen Gerreyn delivers it in person, in your hall, to your Year 12 cohort. Pen and paper note-taking only. Phones away. It's a safe environment, not a comfortable one.

What the cohort gets

Hope reframed as a strategy, not an emotion. Built around what they already do well, with a louder sense of purpose walking out than walking in.

- → Hope as a strategy: a method they can repeat under pressure
- → A focus on their strengths: what they already do well, named and used
- → An amplified sense of purpose: a clearer answer to "why this matters"

What the school gets

Procurement-friendly. One invoice, transparent pricing, travel and AV included.

- → 1-page info sheet for the leadership team
- → Parent night add-on (60 minutes, optional)
- → Post-seminar resource pack

Book Hope Express.
70 min, Term 3.

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Email to pencil in a date.

750
SCHOOLS DELIVERED

25
YEARS EXPERIENCE

1
GOAL: STUDENTS FILLED WITH HOPE