

I TURN FAILURE INTO OPPORTUNITY

An Affirmation

I turn failure into opportunity.

I grow by learning from my experiences and proceeding in my journey.

By moving forward instead of giving up, I give myself the gift of a new opportunity to fulfil my purpose.

To learn from my experiences, I look at my past objectively. I acknowledge my errors without self-condemnation, because mistakes are part of life.

When I fail, I accept it as an opportunity for success. Failure does not mean I am a bad person. This knowledge releases me from internalising and personalising disappointment.

In the words of Thomas Edison, “I haven’t failed. I’ve found 10,000 ways that don’t work. Each time I seem to fail, I discover another option that can be eliminated.”

I intentionally focus on the meaningful lessons of everyday life. Life is about purpose, not about the mundane nuisances of my work.

Reaching a dead end may be painful because it is not the outcome I desired, but happiness is not about the absence of pain; rather, it’s about the realisation of purpose.

Who I become, as moulded by the experiences of my journey, is as important to me as where I finish.

When I feel overwhelmed by seemingly impossible circumstances, I remind myself that from where I stand, I can only see a small glimpse of the big picture of my life.

I turn discouragement into opportunity by refusing to give up.

Today, I choose to have faith and trust that there is a plan for my life bigger than what my eyes can see.

No matter how many times I fail, I resolve to get up and continue to follow my dreams.

SELF-REFLECTION QUESTIONS:

1. Do I need to forgive myself for a past failure?
2. What lessons have I learned from a recent failure?
3. How has failure helped me to creatively find another way?