

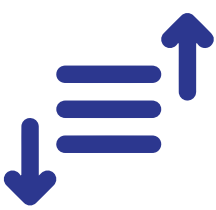
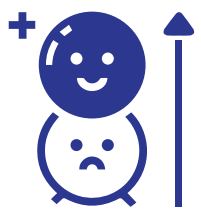
HOW TO CREATE A VISION BOARD

Imagination is everything.
It is a preview of life's coming attractions.



Albert Einstein

WHY CREATE A VISION BOARD?

 LIVE WITH INTENTION	 FOCUS ON PRIORITIES	 ACTIVATE BRAIN PATTERNS	 ELEVATE YOUR MOOD	 AWAKEN HOPE
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HOW TO CREATE A VISION BOARD

- 1 Purchase a Board, Use a Wall or Select Digital Wallpaper.
- 2 Cut out inspiring images from Magazines or Newspapers.
- 3 Design your own favourite images, quotes or goals.

WHAT SHOULD I PLACE ON IT?



CATEGORIES OF GOALS



IMAGINE | IMPLEMENT | INTEGRATE

