



FRIENDSHIP HACKS

9 ways to be the best friend ever!

1

DON'T BE A 'COW'

Cows in the paddock watch the world go by without caring much at all. This is how many people see others. Don't be a cow! Take the time to see people as the amazing individuals they really are.

2

CHOOSE INFLUENCE OVER FAME

Fame is how many people know you. Influence is having people believe in you. Great friends are honest, loyal, humble, and kind. Be this kind of friend and you will have influence, not fame.

3

DON'T ARGUE WITH FOOLS

Many people are ruled by insecurity or narcissism. There is no way you can win an argument with them because they only care about being outraged. Don't let these people distract you.

4

BE WRONG SOMETIMES

Just because you don't think you did anything wrong doesn't mean everyone else sees it that way. Take the time to see things from other people's points of view before dismissing their feelings. It's ok to be wrong sometimes!

5

BE KIND TO YOUR ENEMIES

Wishing for revenge or retaliation when you feel wronged continues a negative cycle. Forgiveness is powerful. It doesn't mean that the other person did nothing wrong but it can help you sleep at night.

6

CHOOSE LOVE OVER AUTHENTICITY

Being open and honest is one thing but simply saying every thought that comes to mind can be hurtful and unkind. Cater your words and actions to the feelings of those around you without being deceptive or lying.

7

NOT EVERY FOLLOWER IS A FRIEND

In the world of social media, it often feels like the people with the most followers are the winners. Actually, having a small number of close friends is far more valuable. If someone is unkind on social media, leave the conversation.

8

QUALITY OVER QUANTITY

You can't be friends with everybody. Too many friends means there is no way to add value to every relationship. Think about who it is that adds value to your life and who really values you. These people are your true friends.

9

BECOME AWARE OF THE DIFFERENT TYPES OF RELATIONSHIPS

Most of the people in your life are either friends, associates, or mentors. By understanding who is who, you can put the right energy into each relationship, nurture it the right way and recognise its boundaries.